

# THSPA Region VI Division 2 Powerlifting Championships

**Date:** Tuesday March 8, 2022

**Place:** Kennedale High School  
901 Wildcat Way  
Kennedale, TX 76060

**Fee:** \$35.00 per lifter. **MAKE CHECKS PAYABLE TO KENNEDALE POWERLIFTING (ATTN: JODY LITTLETON)**

**Who Qualifies:** Top 12 lifters per weight class.

## Items needed at weigh-ins

1. Entry Fee
2. Eligibility list signed by principal or superintendent
3. Regional and State Release
4. Scholarship applications, if you have any

ALL PAPERWORK MUST BE REDONE IF LIFTERS QUALIFY FOR STATE

**Last Qualifying Date:** Saturday, February 26<sup>th</sup> (Results must be submitted by midnight on the 26<sup>th</sup>)

**Declaration of weight class:** Monday, February 28<sup>th</sup> at 4 PM. Lifters with the top **twelve** qualifying totals as well as alternates must declare by this time or they will be assigned to the heavier weight class. Coaches become responsible for their lifter(s) entry fee at this time. **Let me know ASAP if you have a qualified lifter that can't compete.**

**Alternate Lifters:** Coaches are encouraged to bring lifters in the top 15 to the regional meet in case there are no-shows or lifters who don't make weight.

**No Shows:** Your school will be billed for athletes who qualify for the meet and do not compete. I need to know by weight declaration if a lifter will not be lifting.

**Admission:** \$5.00 ([TICKET LINK](#)) (Tickets must be purchased with the ticket link. No tickets will be sold other than this link!!! Tickets will go on sale at 7:00am on 2/28/22)

**Concessions:** There will **NOT** be a concession stand available. You can bring in food and drinks for your lifters.

**T-Shirts:** T-shirts will be available the day of the meet.

**Hospitality Room:** Each school will be given 2 coaches tickets for the hospitality room.

**Entering The Building:** For early weigh in and the meet, everyone will need to enter the high school through the WEST doors (baseball/softball field side). Kennedale is in school on the day of the meet!

# Meet Schedule

## March 7th

Early Weigh In: 5:00 PM - 7:00 PM (Main Gym / Enter building through WEST doors)

The gym will not open for early weigh in until 4:30 PM

## March 8th

Weigh In: 12:30 PM - 2:00 PM (Baseball Field House / West Side of School)

Gym Opens to Lifters: 2:00 PM

Judges Meeting: 2:15 PM

Coaches Meeting: 2:30 PM

Gym Opens for Spectators: 2:30 PM

National Anthem & Bars Loaded: 3:00 PM

Platforms	1	2	3	4
Flight 1	114	148	198	275
Flight 2	123	165	220	308
Flight 3	132	181	242	SHW

Hopefully I have covered everything that you will need. If you have any questions please do not hesitate to contact me.

Cody Patterson

Cell - 817-526-0310 Call or Text

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